

Sandman Consolidated School
838 Seashore Road
Cape May, NJ 08204
Telephone: (609) 884-9410
Fax: (609) 884-9412

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

834 SEASHORE ROAD
CAPE MAY, NEW JERSEY 08204

Memorial School
2600 Bayshore Road
Villas, NJ 08251
Telephone: (609) 884-9430
Fax: (609) 886-0515

Maud Abrams School
714 Townbank Road
Cape May, NJ 08204
Telephone: (609) 884-9420
Fax: (609) 884-9421

TELEPHONE: (609) 884-9400
FAX: (609) 884-1821

Carl T. Mitnick School
905 Seashore Road
Cape May, NJ 08204
Telephone: (609) 884-9470
Fax: (609) 884-9481

HEALTH OFFICE INFORMATION FORM

Dear Parents/Guardians:

Please take a moment to review these important guidelines. Questions can be directed to Memorial School Nurse's Office at 884-9433.

MEDICATION POLICY

ANY and **ALL** medications given by a nurse, including non-prescription medications, require a doctor's order.

New Jersey State Law requires that the school nurse have a written permission from the parent, a doctor's order and that the medicine is in its original container. Also, please check the expiration date on the bottle. Doctor orders expire after one year.

Medications brought to school without meeting these requirements cannot be given and will be returned to you. We will accept a doctor's order via FAX at 884-9433.

EMERGENCY TELEPHONE NUMBERS

Please make arrangements *now* to have someone who may pick up your child if he/she becomes ill or injured while at school. Our policy is to attempt to contact the parents first should this occur. It is important that these numbers are kept up-to-date, that the person has a car, and is usually home or available during the day. **We cannot keep a sick child in the nurse's office for the entire day or allow him/her to ride the bus home.**

HEAD LICE

Head lice are occasionally found throughout the school year. **Please check your child's hair weekly.** If lice or nits (eggs) are found please let me know so that I can check the class and other close contacts. Following treatment, **all nits must be removed. In order to ensure that all nits have been removed, your child must be checked by the school nurse prior to riding the school bus and returning to the classroom.**

GENERAL HEALTH

Please inform the school nurse of major injuries or illnesses. If your child were unable to fully participate in gym class for more than 1 week, please supply a doctor's note. Any immunization updates must be signed or stamped by the physician.

ABSENCE FROM SCHOOL

Please call the Nurse's Office at 884-9433 to leave a detailed message on the answering machine before or after school hours when your child will be absent. Please use the following format: 1) Your Name 2) Your child's first and last name 3) Their Teacher 4) The date of absence or absence's and the reason. Please send in absent notes, Doctor's notes and all other pertinent information.

Sincerely,

Michelle Obst, BSN, RN
Memorial School Nurse
884-9433