



September 2022 Mitnick Elementary Lunch Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch price is \$3.25

All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
Welcome Back!! Happy Labor Day Schools Closed	6 Cheeseburger or Hamburger Fries Chilled Fruit	7 Popcorn Chicken Rice Corn Chilled Fruit	8 Cheese Steak Or Plain Steak Sweet Potato Fries Chilled Fruit	9 *Pizzeria Style Pizza Sweet Peas 100% Fruit Juice
12 Chicken Nuggets & Dipping Sauce Rice Broccoli	13 Taco Tuesday Hard or Soft Taco Lettuce/Tomato/ Cheese Mexicali Rice	14 French Toast Sticks Sausage Potato Rounds Chilled Fruit	15 Hot Dog Mashed Potatoes Savory Baked Beans Fresh Fruit	16 *Double Cheese Pizza Mixed Vegetables Chilled Fruit
19 Chicken Tenders Dipping Sauce Rice Green Beans	20 *Cheese Quesadilla Sour Cream /Salsa Rice Corn	21 Cheese Steak Potato Wedges Seasoned Carrots Chilled Applesauce	22 French Toast Sticks/Syrup Sausage Home Fries Chilled Fruit	23 *Pizzeria Style Pizza Broccoli Chilled Pears 100% Fruit Juice
26 Popcorn Chicken Dipping Sauce Rice Seasoned Carrots Chilled Fruit	27 *Pizza Crunchers With Sauce Tossed Salad Chilled Fruit	28 Cheeseburger or Hamburger Fries Chilled Fruit	29 "Macho Nacho" Seasoned Meat over Nachos Lettuce/Tomato Cheese Sauce Corn	30 Double Cheese Pizza Mixed Vegetables Chilled Fruit
 <p>Fresh Fruit and 100% Fruit Juice Offered Daily</p>			<p>REMINDER PLEASE REMEMBER TO RETURN YOUR LUNCH APPLICATIONS Thank You!</p>	

Looking for something different?

Choose from the following as your hot OR cold Lunch Entrée.



Offered Daily

- *Cereal With Yogurt
- *PBJ Sandwich
- *Caesar Salad
- Caesar Salad W/Chicken
- *Tossed Salad

Weekly Alternates

Wk of September 6-10

Turkey and Cheese

Wk of September 12-16

Ham and Cheese

Wk of September 19-23

Bologna and Cheese

Wk of September 26-30

Ham and Cheese



Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE