



September 2021 Maud Abrams Elementary Lunch Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch/Breakfast is free to all Students. All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
Welcome Back!! Happy Labor Day Schools Closed	7 Cheeseburger or Hamburger Fries Chilled Fruit	8 Mozzarella Sticks Marinara Sauce Corn Chilled Fruit	9 Popcorn Chicken Rice Mixed Vegetables Chilled Fruit	10 *Pizzeria Style Pizza Sweet Peas 100% Fruit Juice
13 Chicken Nuggets & Dipping Sauce Rice Broccoli	14 Taco Tuesday Hard or Soft Taco Lettuce/Tomato/ Cheese Mexicali Rice	15 French Toast Sticks/ Sausage Potato Rounds Chilled Fruit	16 Chicken Patty Sandwich Seasoned Spinach Chilled Fruit	17 *Double Cheese Pizza Mixed Vegetables Chilled Fruit
20 Chicken Tenders Dipping Sauce Rice Green Beans	21 Student Choice" *Cheese Quesadilla Sour Cream /Salsa Rice Corn	22 Cheese Steak Potato Wedges Seasoned Carrots Chilled Applesauce	23 French Toast Sticks/Syrup Sausage Home Fries Chilled Fruit	24 *Pizzeria Style Pizza Broccoli Chilled Pears 100% Fruit Juice
27 Popcorn Chicken Dipping Sauce Rice Seasoned Carrots Chilled Fruit	28 *Pizza Crunchers With Sauce Tossed Salad Chilled Fruit	29 Cheeseburger or Hamburger Fries Chilled Fruit	30 Macho Nacho" Seasoned Meat over Nachos Lettuce/Tomato Cheese Sauce Corn	
 Fresh Fruit and 100% Fruit Juice Offered Daily			REMINDER PLEASE REMEMBER TO RETURN YOUR LUNCH APPLICATIONS Thank You!	

Looking for something different?

Choose from the following as your hot OR cold Lunch Entrée.



Offered Daily

- *Cereal With Yogurt
- *PBJ Sandwich
- *Caesar Salad
- Caesar Salad W/Chicken
- *Tossed Salad

Weekly Alternates

Wk of September 7-10
Pulled Pork Sandwich

Wk of September 13-17
Hamburger / Cheeseburger

Wk of September 20-24
Meatball Sandwich

Wk of September 27
Buffalo Chicken
Cheese Steak



Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE