

## January 2024 Preschool Lunch Menu LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

## Student Lunch Price Is \$3.25

All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat \& fat free milk. Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:
Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower
Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  | Popcorn Chicken <br> Dipping Sauce Rice <br> Broccoli <br> Chilled Fruit | Cheeseburger or Hamburger Fries Chilled Fruit | 4 <br> *Spaghetti and Meatballs Bread \& Butter Tossed Romaine Salad | *Pizzeria Style Pizza <br> Baby Carrots W/Dip 100\% Fruit Juice |
| Chicken Nuggets \& Dipping Sauce Sweet Potato Fries 100 \% fruit Juice | Taco Tuesday Hard or Soft Taco Lettuce/Tomato/ Cheese Mexicali Rice | French Toas $\dagger$ Sticks Sausage Potato Rounds Chilled Fruit | Popcorn Chicken Potatoes Savory Baked Beans Fresh Fruit | *Double Cheese Pizza <br> Baby Carrots W/Dip Chilled Fruit |
| Martin Luther King JR Day Schools Closed | *Mozzarella Sticks With Sauce Tossed Salad Chilled Fruit | Cheese or Plain Steak Sandwich Potato Wedges Chilled Applesauce | Cheeseburger or Hamburger Carrot Coins Chilled Fruit | 19 <br> *Pizzeria Style <br> Pizza <br> Broccoli <br> Chilled Pears 100\% Fruit Juice |
| Popcorn Chicken Dipping Sauce Rice Seasoned Carrots Chilled Fruit | French Toast Sticks/Syrup Sausage Home Fries Chilled Fruit | Chicken Nuggets Mashed Potatoes Savory Baked Beans Fresh Fruit | "Macho Nacho" Seasoned Meat over Nachos Lettuce/Tomato Cheese Sauce Corn | $\begin{gathered} 26 \\ \text { Double Cheese } \\ \text { Pizza } \\ \text { Broccoli } \\ \text { Chilled Fruit } \end{gathered}$ |
| Popcorn Chicken <br> Dipping Sauce Rice <br> Broccoli <br> Chilled Fruit | *Grilled Cheese Gold Fish Crackers Chilled Fruit | Cub Hoagie <br> Tortilla Chips W/ Salsa Fresh Fruit | Scan Here to Complete a Meal Application <br>  $\square$ + <br>  $\square$ <br>  |  |

This Institution is an Equal Opportunity Employer

Looking for something different?
Choose from the following as your hot OR cold Lunch Entrée.


Offered Daily
*Cereal With Yogurt
*PBJ Sandwich Mini Bagel Pizza

| School <br> Break fast |
| :---: |
| $\frac{\text { Free Breakfast is }}{\text { Offered Daily to All }}$Students in the <br> Inclassroom <br> or Muffin, Choice of Cereal <br> Juice, Cheese Stick and <br> Crackers. |

*Denotes A Vegetarian Meal

