



October 2021 Mitnick Elementary Lunch Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch/Breakfast is free to all Students. All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday	
	 <p style="text-align: center;">Fresh Fruit and 100% Fruit Juice Offered Daily</p>		<p style="color: red; font-weight: bold;">REMINDER</p> <p style="font-weight: bold;">PLEASE REMEMBER TO RETURN YOUR LUNCH APPLICATIONS Thank You!</p>	<p style="text-align: right;">1</p> <p>*Cheese Pizza Sweet Peas 100% Fruit Juice</p>	<p style="text-align: center;">Looking for something different?</p> <p style="text-align: center;">Choose from the following as your hot OR cold Lunch Entrée.</p> <div style="text-align: center;">  </div> <p style="text-align: center;"><u>Offered Daily</u></p> <ul style="list-style-type: none"> *Cereal With Yogurt *PBJ Sandwich *Caesar Salad Caesar Salad W/Chicken *Tossed Salad <p style="text-align: center;"><u>Weekly Alternates</u></p> <p style="text-align: center;">Wk of October 4-8 Ham and Cheese</p> <p style="text-align: center;">Wk of October 11-15 Turkey and Cheese</p> <p style="text-align: center;">Wk of October 18-22 Bologna and Cheese</p> <p style="text-align: center;">Wk of October 25 Ham and Cheese</p> <div style="text-align: center;">  </div> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;"> <p style="font-weight: bold; color: red;">Free Breakfast is Offered Daily to All Students in the Classroom</p> <p style="font-size: small;">Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.</p> </div>
4	5	6	7	8	
Popcorn Chicken & Dipping Sauce Rice Mixed Vegetables	Taco Tuesday Hard or Soft Taco Lettuce/Tomato/Cheese Corn Mexicali Rice	Cheeseburger or Hamburger Fries Chilled Fruit	Cub Hoagie Tortilla Chips Apple Slices	*Double Cheese Pizza Seasoned Carrots Chilled Fruit	
11	12	13	14	15	
School Closed Columbus Day	Chicken Tenders Dipping Sauce Rice Green Beans	Cheese or Plain Steak Potato Wedges Chilled Applesauce	French Toast Sticks/Syrup Sausage Home Fries Chilled Fruit	*Pizzeria Style Pizza Mixed Vegetables Chilled Pears 100% Fruit Juice	
18	19	20	21	22	
Popcorn Chicken Dipping Sauce Rice Seasoned Carrots Chilled Fruit	"Macho Nacho" Seasoned Beef Tortilla Shells Shredded Cheddar Lett/Tom/Salsa Fresh Fruit	Cheeseburger or Hamburger Fries Chilled Fruit	Chicken Nuggets Dipping Sauce Mashed Potatoes Fresh Fruit	Bagel Pizza Broccoli Chilled Pears 100% Fruit Juice	
25	26	27	28	29	
Hot Dog Mashed Potatoes Savory Baked Beans Carrot Sticks	French Toast Sticks/Syrup Sausage Home Fries Chilled Fruit	Cub Hoagie Tortilla Chips Apple Slices	Chicken Patty Sandwich Seasoned Spinach Chilled Fruit	*Double Cheese Pizza Mixed Vegetables Chilled Fruit	
<p>This Institution is an Equal Opportunity Employer</p> <p style="font-weight: bold; color: red;">MENU IS SUBJECT TO CHANGE</p>					<p style="font-weight: bold; color: red;">*Denotes A Vegetarian Meal</p>