

**“It’s Cool To Be In School Everday”**  
**November 2022 Preschool Lunch Menu**  
**LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT**

Student Lunch price is \$3.25

All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheeseburger or Hamburger Fries Chilled Fruit	2 Popcorn Chicken Rice Corn Chilled Fruit	3 Fish Sticks Sweet Potato Fries Carrot Sticks 100% Fruit juice	4 *Pizzeria Style Pizza Sweet Peas Orange Smiles
7 Fall Recess	8 Fall Recess	9 Fall Recess	10 Fall Recess	11 Fall Recess
Early Dismissal 14 Chicken Tenders Dipping Sauce Rice Green Beans	Early Dismissal 15 *Pizza Crunchers With Sauce Tossed Romaine Salad Fresh Fruit	Early Dismissal 16 Ham and Cheese Sandwich Goldfish Pretzels Carrot Sticks W/ Dip 100% Fruit Juice	Early Dismissal 17 French Toast and Pancakes Sticks Sausage Potato Rounds Chilled Fruit	Early Dismissal 18 *Pizzeria Style Pizza Broccoli Chilled Pears 100% Fruit Juice
21 Popcorn Chicken Dipping Sauce Potato Wedges Chilled Fruit	22 "Macho Nacho" Seasoned Meat over Nachos Lettuce/Tomato Cheese Sauce Corn	23 Early Dismissal Mozzarella Sticks Marinara Sauce Broccoli Fresh Fruit		
28 Chicken Nuggets & Dipping Sauce Potato Wedges Dinner Roll	29 Taco Tuesday Hard or Soft Taco Lettuce/Tomato/ Cheese Mexicali Rice	30 French Toast Sticks/Syrup Egg Patty Sausage Hash Browns Chilled Fruit	 Fresh Fruit and 100% Fruit Juice Offered Daily	 Choose <b>MyPlate.gov</b>

**Looking for something different?**

Choose from the following as your hot OR cold Lunch Entrée.



**Offered Daily**

- \*Cereal With Yogurt
- \*PBJ Sandwich



**Free Breakfast is Offered Daily to All Students in the Classroom**

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

\*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE