

“It’s Cool To Be In School Everday”

November 2022 Adult Lunch Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch price is \$3.25

All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|
| <u>SPECIAL \$5.00</u> Meatball Sub With Provolone Broccoli Chips/Pickle | <u>Special \$5.00</u> ¹ Sausage Egg and Cheese on an Bagel Potato Rounds | <u>Special \$5.00</u> ² Oven Roasted Chicken Rice Fresh Fruit | <u>Special \$5.00</u> ³ Bacon Double Cheeseburger L/T/O French Fries Fresh Fruit | <u>Special \$5.00</u> ⁴ Chicken Salad Platter Over a Bed of Lettuce |
| ⁷ Fall Recess | ⁸ Fall Recess | ⁹ Fall Recess | ¹⁰ Fall Recess | ¹¹ Fall Recess |
| <u>Early Dismissal</u> ¹⁴ <u>SPECIAL \$5.00</u> Buffalo Chicken Cheese Steak Or Over A Bed of Lettuce | <u>Early Dismissal</u> ¹⁵ <u>SPECIAL \$5.00</u> *Grilled Cheese Sandwich on Multi Grain Bread w/ Tomato Sou | <u>Early Dismissal</u> ¹⁶ <u>SPECIAL \$5.00</u> Hot Dog W/ Sauerkraut Mashed Potatoes Savory Baked Beans | <u>Early Dismissal</u> ¹⁷ <u>SPECIAL \$5.00</u> Sausage Egg and Cheese Burrito W/ Pepper Jack Cheese Potato Rounds | <u>Early Dismissal</u> ¹⁸ <u>SPECIAL \$5.00</u> Chef Salad Over a Bed of Lettuce |
| ²¹ <u>SPECIAL \$5.00</u> Oven Roasted Chicken Mashed Potatoes Fresh Fruit | ²² <u>SPECIAL \$5.00</u> Beef Nachos Seasoned Meat over Nachos Lettuce/Tomato Cheese Sauce Corn | <u>Early Dismissal</u> ²³ <u>SPECIAL \$5.00</u> *Pizza Crunchers With Sauce Tossed Romaine Salad Fresh Fruit |  | |
| ²⁸ <u>SPECIAL \$5.00</u> Sweet Italian Sausage with Peppers & Onions On a Sub Roll | ²⁹ <u>SPECIAL \$5.00</u> Cheesesteak Peppers & Onions Pickle Spear & Chips | ³⁰ <u>SPECIAL \$5.00</u> Turkey BLT Potato Chips Fresh Fruit | | |
| | | |  <p>Fresh Fruit and 100% Fruit Juice Offered Daily</p> |  <p>Choose MyPlate.gov</p> |

Looking for something different?

Choose from the following as your hot OR cold Lunch Entrée.



Offered Daily

- *Cereal With Yogurt
- *PBJ Sandwich
- *Caesar Salad
- Caesar Salad W/Chicken
- *Tossed Salad

Weekly Alternates

- Wk of November 1**
Cheese Burger or Hamburger
- Wk of November 7-11**
Fall Recess
- Wk of November 14-18**
Buffalo Chicken Cheese Steak
- Wk of November 21-23**
Meatball Sub
- Wk of November 28**
Chicken Bowl



Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE