



November 2021 Sandman Elementary Lunch Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch/Breakfast is Free to all Students. All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Chicken Nuggets & Dipping Sauce Rice Green Beans	Cheeseburger or Hamburger Sweet Potato Fries Chilled Fruit	In-Service Day Schools Closed	NJEA Convention Schools Closed	NJEA Convention Schools Closed
8	9	10	11	12
Fish Sticks Rice Mixed Vegetables Chilled Fruit	Taco Tuesday Hard or Soft Taco Lettuce/Tomato/ Cheese Mexicali Rice	French Toast Sticks/ Sausage Potato Rounds Chilled Fruit	Hot Dog Mashed Potatoes Savory Baked Beans	*Double Cheese Pizza Seasoned Carrots Chilled Fruit
15	16	17	18	19
Chicken Tenders Dipping Sauce Mashed Potatoes Green Beans	"Sloppy Joe" Manwich Seasoned Carrots Chilled Applesauce	Cheeseburger or Hamburger Sweet Potato Fries Chilled Fruit	Oven Roasted Turkey / Gravy Mashed Potatoes Stuffing Corn	*Pizzeria Style Pizza Peas Chilled Pears 100% Fruit Juice
22	23	24		
Popcorn Chicken Dipping Sauce Rice Corn Chilled Fruit	Cub Hoagie Tortilla Chips Apple Slices	*Double Cheese Pizza Seasoned Carrots Chilled Fruit		
29	30		 <p style="text-align: center;">Fresh Fruit and 100% Fruit Juice Offered Daily</p>	 <p style="text-align: center;">Choose MyPlate.gov</p>
Popcorn Chicken Mashed Potatoes Mixed Vegetables Chilled Fruit	French Toast Sticks/Syrup Sausage Home Fries Chilled Fruit			

Looking for something different?

Choose from the following as your hot OR cold Lunch Entrée.



Offered Daily

- *Cereal With Yogurt
- *PBJ Sandwich
- *Caesar Salad
- Caesar Salad W/Chicken
- *Tossed Salad

Weekly Alternates

Wk of November 1-5
Ham and Cheese Hoagie

Wk of November 8-12
BBQ Pulled Pork Sandwich

Wk of November 15-19
Breakfast Burrito
Egg, Cheese, Sausage, Peppers
and Onions

Wk of November 22-26
Meatball Sandwich

Wk of November 29
Buffalo Chicken
Cheese Steak



Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE

*Denotes A Vegetarian Meal