



# September 2023 Mitnick Elementary Lunch Menu

## LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch Price Is \$3.25

All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Welcome Back!!</p> <p>Happy Labor Day</p> <p>Schools Closed</p>	<p>5</p> <p>Popcorn Chicken</p> <p>Dipping Sauce</p> <p>Rice</p> <p>Broccoli</p> <p>Chilled Fruit</p>	<p>6</p> <p>Cheeseburger or</p> <p>Hamburger</p> <p>Fries</p> <p>Chilled Fruit</p>	<p>7</p> <p>*Cheese</p> <p>Quesadilla</p> <p>Sour Cream</p> <p>/Salsa</p> <p>Mexicali Rice</p> <p>Corn</p>	<p>8</p> <p>*Pizzeria Style</p> <p>Pizza</p> <p>Baby Carrots</p> <p>W/Dip</p> <p>100% Fruit</p> <p>Juice</p>
<p>11</p> <p>Chicken Nuggets</p> <p>&amp; Dipping Sauce</p> <p>Rice</p> <p>Broccoli</p>	<p>12</p> <p>Taco Tuesday</p> <p>Hard or Soft Taco</p> <p>Lettuce/Tomato/</p> <p>Cheese</p> <p>Mexicali Rice</p>	<p>13</p> <p>French Toast</p> <p>Sticks</p> <p>Sausage</p> <p>Potato Rounds</p> <p>Chilled Fruit</p>	<p>14</p> <p>Hot Dog</p> <p>Mashed</p> <p>Potatoes</p> <p>Savory Baked</p> <p>Beans</p> <p>Fresh Fruit</p>	<p>15</p> <p>*Double Cheese</p> <p>Pizza</p> <p>Baby Carrots</p> <p>W/Dip</p> <p>Chilled Fruit</p>
<p>18</p> <p>Chicken Tenders</p> <p>Dipping Sauce</p> <p>Mashed Potatoes</p> <p>Green Beans</p>	<p>19</p> <p>*Mozzarella Sticks</p> <p>With Sauce</p> <p>Tossed Salad</p> <p>Chilled Fruit</p>	<p>20</p> <p>Cheese or Plain</p> <p>Steak Sandwich</p> <p>Potato Wedges</p> <p>Chilled Applesauce</p>	<p>21</p> <p>Cheeseburger</p> <p>or Hamburger</p> <p>Carrot Coins</p> <p>Chilled Fruit</p>	<p>22</p> <p>*Pizzeria Style</p> <p>Pizza</p> <p>Broccoli</p> <p>Chilled Pears</p> <p>100% Fruit</p> <p>Juice</p>
<p>25</p> <p>Popcorn Chicken</p> <p>Dipping Sauce</p> <p>Rice</p> <p>Seasoned Carrots</p> <p>Chilled Fruit</p>	<p>26</p> <p>French Toast</p> <p>Sticks/Syrup</p> <p>Sausage</p> <p>Home Fries</p> <p>Chilled Fruit</p>	<p>27</p> <p>*Grilled Cheese</p> <p>Tomato Soup</p> <p>Gold Fish</p> <p>Crackers</p> <p>Chilled Fruit</p>	<p>28</p> <p>"Macho Nacho"</p> <p>Seasoned Meat</p> <p>over Nachos</p> <p>Lettuce/Tomato</p> <p>Cheese Sauce</p> <p>Corn</p>	<p>29</p> <p>Double Cheese</p> <p>Pizza</p> <p>Broccoli</p> <p>Chilled Fruit</p>
 <p>Fresh Fruit and</p> <p>100% Fruit Juice</p> <p>Offered Daily</p>	<p>Scan Here to</p> <p>Complete a Meal</p> <p>Application</p> 		<p><b>REMINDER</b></p> <p>PLEASE</p> <p>REMEMBER</p> <p>COMPLETE A</p> <p>MEAL LUNCH</p> <p>APPLICATION</p> <p>Thank You!</p>	 <p>Choose <b>MyPlate.gov</b></p>

### Looking for something different?

Choose from the following as your hot OR cold Lunch Entrée.



### Offered Daily

- \*Cereal With Yogurt
- \*PBJ Sandwich
- \*Caesar Salad
- Caesar Salad W/Chicken
- \*Tossed Salad
- Mini Bagel Pizza

### Weekly Alternates

- Wk of September 5-8**
- Ham and Cheese Sandwich
- Wk of September 11-15**
- Bologna and Cheese Sandwich
- Wk of September 18-22**
- Turkey and Cheese Sandwich
- Wk of September 25-29**
- Chicken Ranch Wrap



### Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

\*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE