



December 2023 Mitnick Lunch Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch price is \$3.25







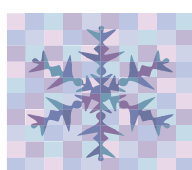



All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

| Monday | Tuesday | Wednesday | Thursday | Friday | <div>Looking for something different?</div> <div>Choose from the following as your hot OR cold Lunch Entrée.</div> <div></div> <div>Offered Daily</div> <div>*Cereal With Yogurt</div> <div>*PBJ Sandwich</div> <div>*Caesar Salad</div> <div>Caesar Salad W/Chicken</div> <div>*Tossed Salad</div> <div>Mini Bagel Pizza</div> <div>Weekly Alternates</div> <div>Wk of December 1</div> <div>Ham and Cheese Sandwich</div> <div>Wk of December 4-8</div> <div>Chicken Ranch Wrap</div> <div>Wk of December 11-15</div> <div>Ham and Cheese Sandwich</div> <div>Wk of December 18-22</div> <div>Turkey and Cheese Sandwich</div> <div></div> <div>Free Breakfast is Offered Daily to All Students in the Classroom</div> <div>Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.</div> <div>*Denotes A Vegetarian Meal</div> |
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| <div></div> <div>Fresh Fruit and 100% Fruit Juice Offered Daily</div> | <div>Scan Here to Complete a Meal Application</div> <div></div> | <div></div> <div>ChooseMyPlate.gov</div> | | <div>1</div> <div>*Double Cheese Pizza Plain Or Pepperoni Mixed Vegetables Chilled Fruit</div> | |
| <div>4</div> <div>Chicken Nuggets & Dipping Sauce Rice Broccoli</div> | <div>5</div> <div>Hot Dog Mashed Potatoes Savory Baked Beans Fresh Fruit</div> | <div>6</div> <div>French Toast Sticks Syrup Egg/Sausage Potato Rounds Chilled Fruit</div> | <div>7</div> <div>Cheeseburger or Hamburger French Fries Fresh Fruit</div> | <div>8</div> <div>*Double Cheese Pizza Plain Or Pepperoni Broccoli Chilled Pears 100% Fruit Juice</div> | |
| <div>11</div> <div>Chicken Tenders Dipping Sauce Rice Green Beans</div> | <div>12</div> <div>Penne Pasta w/ Meatball Tossed Salad Dinner Roll</div> | <div>13</div> <div>Pizza Crunchers Seasoned Carrots Chilled Applesauce</div> | <div>14</div> <div>French Toast Sticks/Syrup Sausage Home Fries Chilled Fruit</div> | <div>15</div> <div>*Pizzeria Style Pizza Broccoli Chilled Pears 100% Fruit Juice</div> | |
| <div>18</div> <div>Popcorn Chicken Dipping Sauce Rice Seasoned Carrots Chilled Fruit</div> | <div>19</div> <div>Taco Tuesday Soft Shell Tacos Lett/ Tomato Corn Refried Beans Fresh Fruit</div> | <div>20</div> <div>Meatball Sub Tossed salad Fresh Fruit</div> | <div>21</div> <div>Cheeseburger or Hamburger Fries Chilled Fruit</div> | <div>22</div> <div>*Double Cheese Pizza Plain Or Pepperoni Broccoli Chilled Pears</div> | |
| <div></div> | <div></div> | <div></div> | <div></div> | <div></div> | |
| <div>This Institution is an Equal Opportunity Employer</div> <div>MENU IS SUBJECT TO CHANGE</div> | | | | | |