



## May 2023 Sandman Elementary Lunch Menu

### LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch price is \$3.25

All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
1 Popcorn Chicken Dipping Sauce Sweet Potatoes Chilled Fruit	2 Hot Dog Mashed Potatoes Savory Baked Beans Fresh Fruit	3 Turkey W/ Gravy Mashed Potatoes Peas Dinner Roll	4 French Toast Sticks/Pancakes Eggs Syrup Sausage Home Fries Chilled Fruit	5 *Double Cheese Pizza Plain or Pepperoni Mixed Vegetables Chilled Fruit
8 Chicken Tenders Dipping Sauce Mashed Potatoes Orange Smiles	9 Taco Tuesday Hard or Soft Taco Lettuce/Tomato/ Cheese Mexicali Rice	10 *Pizza Crunchers With Sauce Tossed Salad Chilled Fruit	11 Cheeseburger or Hamburger Fries Chilled Fruit	12 *Pizzeria Style Pizza Plain or Pepperoni Broccoli 100% Fruit Juice
15 Chicken Nuggets Dipping Sauce Seasoned Rice Baby Carrots W/ Dip	16 "Macho Nacho" Seasoned Meat over Nachos Lettuce/Tomato Cheese Sauce Corn	17 Hot Dog Mashed Potatoes Savory Baked Beans Fresh Fruit	18 French Toast Sticks/Pancakes Eggs Syrup Sausage Home Fries Chilled Fruit	19 *Double Cheese Pizza Plain or Pepperoni Mixed Vegetables Chilled Fruit
22 Popcorn Chicken Dipping Sauce Rice Seasoned Carrots Chilled Fruit	23 Pasta and Meatball Marinara sauce Tossed Romaine Salad Dinner Roll	24 Chicken Patty Sandwich Lett/Tom Fries 100% Fruit Juice	25 *Grilled Cheese/Tomato Soup Gold Fish Crackers Chilled Fruit	26 Double Cheese Pizza Mixed Vegetables Chilled Fruit
Memorial Day School Closed  	30 *Mozzarella Sticks Marinara Dipping Sauce Green Beans Fresh Fruit	31 Chicken Nuggets Dipping Sauce Macaroni and cheese Baby Carrots W/ Dip	  Fresh Fruit and 100% Fruit Juice Offered Daily	  Choose <b>MyPlate.gov</b>

#### Looking for something different?

Choose from the following as your hot OR cold Lunch Entrée.



#### Offered Daily

- \*Cereal With Yogurt
- \*PBJ Sandwich
- \*Caesar Salad
- Caesar Salad W/Chicken
- \*Tossed Salad
- Bagel Pizza

#### Weekly Alternates

- Wk of May 1-5**  
Fish Sticks
- Wk of May 8-12**  
Oven Roasted BBQ Chicken
- Wk of May 15-19**  
Buffalo Chicken Cheese  
Steak
- Wk of May 22-26**  
BBQ Pulled Pork Sandwich
- Wk of May 29-31**  
Hamburger or Cheeseburger



#### Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

\*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE