



## May 2022 Sandman Lunch Menu

### LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

**Student Lunch/Breakfast is Free to all Students.** All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Take a look at our daily offerings and weekly alternates below.

**Daily Vegetable Offerings May Include:**

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

**Daily Fruit Offerings May Include:** Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Nuggets Dipping Sauce Rice Seasoned Spinach	3 *Pizza Crunchers Marinara Sauce Tossed Salad Chilled Fruit	4 French Toast Sticks Sausage Home Fries Chilled Fruit	5 Macho Nacho Tortilla Chips Lett/ Tom/ Cheese Salsa Corn	6 *Cheese Pizza Plain or Pepperoni Green Beans Chilled Pears
9 Popcorn Chicken Dipping Sauce Seasoned Spinach Chilled Peaches	10 Cheeseburgers Or Hamburger Potato Wedges Cucumber Coins W/Dip	11 Hot Dogs Mashed Potatoes Vegetarian Beans 100% Fruit Juice	12 Cub Hoagie Tortilla Chips Salsa Apple Slices	13 *Pizzeria Style Pizza Plain or Pepperoni Sweet Peas 100% Fruit Juice
16 Chicken Tenders Dipping Sauce Rice Carrot Coins	17 *Grilled Cheese Goldfish Crackers Orange Smiles 100% Fruit Juice	18 *Cheese Quesadilla Salsa/Sour Cream Corn Chilled Fruit	19 *Pasta Marinara Meatballs Tossed Salad Dinner Roll Fresh Fruit	20 *Cheese Pizza Plain or Pepperoni Vegetable Chilled Pears
23 Chicken Nuggets Mashed Potatoes Dipping Sauce Green Beans	24 Taco Tuesday Lett/Tom/ Cheddar Mexicali Rice Chilled Pears	25 Turkey Dinner Mashed Potatoes Gravy Corn Dinner Roll	26 French Toast Sticks Sausage Home Fries Chilled Fruit	27 *Pizzeria Style Pizza Plain or Pepperoni Chilled Pears 100% Fruit Juice
30 <b>No School Memorial Day</b>	31 Meatball Sub Tossed Salad Chilled Peaches 100% Fruit Juice			 <p style="text-align: center;">Choose <b>MyPlate.gov</b></p>

#### Looking for something different?

Choose from the following as your Lunch Entrée.



#### **Offered Daily**

- \*Cereal With Yogurt
- \*PBJ Sandwich
- \*Caesar Salad
- Caesar Salad W/Chicken
- \*Tossed Salad

#### **Weekly Alternates**

- Wk of May 2**  
Pulled Pork Sandwich
- Wk of May 9**  
Meatball Sub
- Wk of May 16**  
Buffalo Chicken Cheese  
Steak

**Wk of May 23**  
Sausage and Egg on a Bagel

**Wk of May 30**  
Ham and Cheese Hoagie



#### **Free Breakfast is Offered Daily to All Students in the Classroom**

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

\*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

**MENU IS SUBJECT TO CHANGE**