



May 2022 Mitnick Lunch Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch/Breakfast is Free to all Students. All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Nuggets Dipping Sauce Rice Seasoned Spinach	*Pizza Crunchers Marinara Sauce Tossed Salad Chilled Fruit	French Toast Sticks Sausage Home Fries Chilled Fruit	Macho Nacho Tortilla Chips Lett/ Tom/ Cheese Salsa Corn	*Cheese Pizza Plain or Pepperoni Green Beans Chilled Pears
9	10	11	12	13
Popcorn Chicken Dipping Sauce Seasoned Spinach Chilled Peaches	Cheeseburgers Or Hamburger Potato Wedges Cucumber Coins W/Dip	Hot Dogs Mashed Potatoes Vegetarian Beans 100% Fruit Juice	Cub Hoagie Tortilla Chips Salsa Apple Slices	*Pizzeria Style Pizza Plain or Pepperoni Sweet Peas 100% Fruit Juice
16	17	18	19	20
Chicken Tenders Dipping Sauce Rice Carrot Coins	*Grilled Cheese Goldfish Crackers Orange Smiles 100% Fruit Juice	*Cheese Quesadilla Salsa/Sour Cream Corn Chilled Fruit	*Pasta Marinara Meatballs Tossed Salad Dinner Roll Fresh Fruit	*Cheese Pizza Plain or Pepperoni Vegetable Chilled Pears
23	24	25	26	27
Chicken Nuggets Mashed Potatoes Dipping Sauce Green Beans	Taco Tuesday Lett/Tom/ Cheddar Mexicali Rice Chilled Pears	Turkey Dinner Mashed Potatoes Gravy Corn Dinner Roll	French Toast Sticks Sausage Home Fries Chilled Fruit	*Pizzeria Style Pizza Plain or Pepperoni Chilled Pears 100% Fruit Juice
30	31			
No School Memorial Day	Meatball Sub Tossed Salad Chilled Peaches 100% Fruit Juice			 <p style="text-align: center;">Choose MyPlate.gov</p>

Looking for something different?

Choose from the following as your Lunch Entrée.



Offered Daily

- *Cereal With Yogurt
- *PBJ Sandwich
- *Caesar Salad
- Caesar Salad W/Chicken
- *Tossed Salad

Weekly Alternates

Wk of May 2
Ham and Cheese Sandwich

Wk of May 9
Bologna and Cheese Sandwich

Wk of May 16
Turkey and Ch. Sandwich

Wk of May 23
Chicken Ranch Wrap

Wk of May 30
Ham and Cheese Sandwich



Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE