



May 2022 Maud Abrams Lunch Menu


LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch/Breakfast is Free to all Students. All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Nuggets Dipping Sauce Rice Seasoned Spinach	3 *Pizza Crunchers Marinara Sauce Tossed Salad Chilled Fruit	4 French Toast Sticks Sausage Home Fries Chilled Fruit	5 Macho Nacho Tortilla Chips Lett/ Tom/ Cheese Salsa Corn	6 *Cheese Pizza Plain or Pepperoni Green Beans Chilled Pears
9 Popcorn Chicken Dipping Sauce Seasoned Spinach Chilled Peaches	10 Cheeseburgers Or Hamburger Potato Wedges Cucumber Coins W/Dip	11 Hot Dogs Mashed Potatoes Vegetarian Beans 100% Fruit Juice	12 Cub Hoagie Tortilla Chips Salsa Apple Slices	13 *Pizzeria Style Pizza Plain or Pepperoni Sweet Peas 100% Fruit Juice
16 Chicken Tenders Dipping Sauce Rice Carrot Coins	17 *Grilled Cheese Goldfish Crackers Orange Smiles 100% Fruit Juice	18 *Cheese Quesadilla Salsa/Sour Cream Corn Chilled Fruit	19 *Pasta Marinara Meatballs Tossed Salad Dinner Roll Fresh Fruit	20 *Cheese Pizza Plain or Pepperoni Vegetable Chilled Pears
23 Chicken Nuggets Mashed Potatoes Dipping Sauce Green Beans	24 Taco Tuesday Lett/Tom/ Cheddar Mexicali Rice Chilled Pears	25 Turkey Dinner Mashed Potatoes Gravy Corn Dinner Roll	26 French Toast Sticks Sausage Home Fries Chilled Fruit	27 *Pizzeria Style Pizza Plain or Pepperoni Chilled Pears 100% Fruit Juice
30 No School Memorial Day	31 Meatball Sub Tossed Salad Chilled Peaches 100% Fruit Juice			 <p style="text-align: center;">Choose MyPlate.gov</p>

Looking for something different?

Choose from the following as your Lunch Entrée.



Offered Daily

- *Cereal With Yogurt
- *PBJ Sandwich
- *Caesar Salad
- Caesar Salad W/Chicken
- *Tossed Salad

Weekly Alternates

- Wk of May 2**
Pulled Pork Sandwich

- Wk of May 9**
Meatball Sub

- Wk of May 16**
Buffalo Chicken Cheese
Steak

- Wk of May 23**
Sausage and Egg on a Bagel

- Wk of May 30**
Ham and Cheese Hoagie



Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE