



September 2023 Maud Abrams Elementary Lunch Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch Price Is \$3.25

All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
Welcome Back!! Happy Labor Day Schools Closed	5 Popcorn Chicken Dipping Sauce Rice Broccoli Chilled Fruit	6 Cheeseburger or Hamburger Fries Chilled Fruit	7 *Cheese Quesadilla Sour Cream /Salsa Mexicali Rice Corn	8 *Pizzeria Style Pizza Baby Carrots W/Dip 100% Fruit Juice
11 Chicken Nuggets & Dipping Sauce Rice Broccoli	12 Taco Tuesday Hard or Soft Taco Lettuce/Tomato/ Cheese Mexicali Rice	13 French Toast Sticks Sausage Potato Rounds Chilled Fruit	14 Hot Dog Mashed Potatoes Savory Baked Beans Fresh Fruit	15 *Double Cheese Pizza Baby Carrots W/Dip Chilled Fruit
18 Chicken Tenders Dipping Sauce Mashed Potatoes Green Beans	19 *Mozzarella Sticks With Sauce Tossed Salad Chilled Fruit	20 Cheese or Plain Steak Sandwich Potato Wedges Chilled Applesauce	21 Cheeseburger or Hamburger Carrot Coins Chilled Fruit	22 *Pizzeria Style Pizza Broccoli Chilled Pears 100% Fruit Juice
25 Popcorn Chicken Dipping Sauce Rice Seasoned Carrots Chilled Fruit	26 French Toast Sticks/Syrup Sausage Home Fries Chilled Fruit	27 *Grilled Cheese Tomato Soup Gold Fish Crackers Chilled Fruit	28 "Macho Nacho" Seasoned Meat over Nachos Lettuce/Tomato Cheese Sauce Corn	29 Double Cheese Pizza Broccoli Chilled Fruit
 Fresh Fruit and 100% Fruit Juice Offered Daily	Scan Here to Complete an Application 		REMINDER PLEASE REMEMBER TO COMPLETE YOUR LUNCH APPLICATION Thank You!	

Looking for something different?

Choose from the following as your hot OR cold Lunch Entrée.



Offered Daily

- *Cereal With Yogurt
- *PBJ Sandwich
- *Caesar Salad
- Caesar Salad W/Chicken
- *Tossed Salad

Weekly Alternates

Wk of September 5-8
 BBQ Pulled Pork Sandwich

Wk of September 11-15
 Grilled Chicken Sandwich

Wk of September 18-22
 Buffalo Chicken Cheese
 Steak

Wk of September 25-29
 BBQ Pulled Pork Sandwich



Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE