

You are AMAZING, You are IMPORTANT, You are SPECIAL!

October 2024 Maud Abrams Elementary Lunch Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch Price Is \$3.50

All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Scan Here to Complete a Meal Application</p> 	<p>1 Cheeseburger or Hamburger Sweet Potato Fries Chilled Fruit</p>	<p>2 Pizza Crunchers Marinara Baby Carrots /With Dip Diced Peaches</p>	<p>3 *Cheese Quesadilla Sour Cream /Salsa Mexicali Rice Corn</p>	<p>4 *Pizzeria Style Pizza Baby Carrots W/Dip 100% Fruit Juice</p>
<p>7 Chicken Nuggets & Dipping Sauce Rice Broccoli</p>	<p>8 Taco Tuesday Hard or Soft Taco Lettuce/Tomato/Cheese Mexicali Rice Mixed Veggies</p>	<p>9 French Toast Sticks Sausage Potato Rounds Chilled Fruit</p>	<p>10 Hot Dog Mashed Potatoes Savory Baked Beans Fresh Fruit</p>	<p>11 *Double Cheese Pizza Baby Carrots W/Dip Chilled Fruit</p>
<p>14 Chicken Tenders Dipping Sauce Mashed Potatoes Green Beans</p>	<p>15 *Mozzarella Sticks With Sauce Tossed Salad Chilled Fruit</p>	<p>16 STUDENT CHOICE Chicken Tacos Soft Tacos Rice Lett/Tom/Cheese Corn</p>	<p>17 Cheeseburger or Hamburger French Fries Chilled Fruit</p>	<p>18 *Pizzeria Style Pizza Broccoli Chilled Pears 100% Fruit Juice</p>
<p>21 Popcorn Chicken Dipping Sauce Rice Seasoned Carrots Chilled Fruit</p>	<p>22 Hot Dog Mashed Potatoes Savory Baked Beans Fresh Fruit</p>	<p>23 *Grilled Cheese Gold Fish Crackers Chilled Fruit</p>	<p>24 "Macho Nacho" Seasoned Meat over Nachos Lettuce/Tomato Cheese Sauce Corn</p>	<p>25 Double Cheese Pizza Broccoli Chilled Fruit</p>
<p>28 Chicken Nuggets & Dipping Sauce Mashed Potatoes Broccoli</p>	<p>29 Cheeseburger or Hamburger Carrot Coins Chilled Fruit Try It Tuesday! Chicken & Penne Alfredo</p>	<p>30 French Toast Sticks Sausage Potato Rounds Chilled Fruit</p>	<p>31 Hot Ham and Cheese /Pretzel Bun/ Fries Orange Smiles </p>	<p>LTES "Step it Up" 5K Walk/Run Sunday October 20 Rain or Shine!</p>

Looking for something different?

Choose from the following as your hot OR cold Lunch Entrée.



Offered Daily

- *Cereal With Yogurt
- *PBJ Sandwich
- *Caesar Salad
- Caesar Salad W/Chicken
- *Tossed Salad
- Mini Bagel Pizza

Weekly Alternates

- Wk of October 1-4**
Buffalo Chicken Cheese Steak
- Wk of October 7-11**
Cheeseburger
- Wk of October 14-18**
Meatball Sub
- Wk of October 21-25**
Hot ham and Cheese Pretzel Bun
- Wk of October 28-31**
Cub Hoagie



Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE