



January 2024 Maud Abrams Elementary Lunch Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch Price Is \$3.25

All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
	² Popcorn Chicken Dipping Sauce Rice Broccoli Chilled Fruit	³ Cheeseburger or Hamburger Fries Chilled Fruit	⁴ *Spaghetti and Meatballs Bread & Butter Tossed Romaine Salad	⁵ *Pizzeria Style Pizza Baby Carrots W/Dip 100% Fruit Juice
⁸ Chicken Nuggets & Dipping Sauce Sweet Potato Fries 100% Fruit Juice	⁹ Taco Tuesday Hard or Soft Taco Lettuce/Tomato/ Cheese Mexicali Rice	¹⁰ French Toast Sticks / Eggs Sausage Home Fries Chilled Fruit	¹¹ Hot Dog Mashed Potatoes Savory Baked Beans Fresh Fruit	¹² *Double Cheese Pizza Baby Carrots W/Dip Chilled Fruit
¹⁵ Martin Luther King Jr Day Schools Closed	¹⁶ *Mozzarella Sticks With Sauce Tossed Salad Chilled Fruit	¹⁷ Cheese or Plain Steak Sandwich Potato Wedges Chilled Applesauce	¹⁸ Cheeseburger or Hamburger Potato Wedges Chilled Fruit	¹⁹ *Pizzeria Style Pizza Broccoli Chilled Pears 100% Fruit Juice
²² Popcorn Chicken Dipping Sauce Rice Seasoned Carrots Chilled Fruit	²³ French Toast Sticks/Syrup Sausage Home Fries Chilled Fruit	²⁴ *Grilled Cheese Tomato Soup Gold Fish Crackers Chilled Fruit	²⁵ "Macho Nacho" Seasoned Meat over Nachos Lettuce/Tomato Cheese Sauce Corn	²⁶ Double Cheese Pizza Broccoli Chilled Fruit
²⁹ Popcorn Chicken Dipping Sauce Rice Broccoli Chilled Fruit	³⁰ Hot Dog Mashed Potatoes Savory Baked Beans Fresh Fruit	³¹ Cub Hoagie Tortilla Chips W/ Salsa Fresh Fruit	Scan Here to Complete a Meal Application 	
				

Looking for something different?

Choose from the following as your hot OR cold Lunch Entrée.



Offered Daily

- *Cereal With Yogurt
- *PBJ Sandwich
- *Caesar Salad
- Caesar Salad W/Chicken
- *Tossed Salad
- Mini Bagel Pizza

Weekly Alternates

Wk of January 2-5
Oven Roasted BBQ Chicken

Wk of January 8-12
Ham and Cheese Hoagie

Wk of January 15-19
Sausage Egg and Cheese on Bagel

Wk of January 22-31
Buffalo Chicken Cheese Steak



Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE