



March 2023 Sandman Lunch Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch price is \$3.25

All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>TRY IT Tuesday!!!! Try a new item and cast your vote in the café. If our students like the item we will menu it in the future.</p>	 Fresh Fruit and 100% Fruit Juice Offered Daily	<p>1 Hot Dog Macaroni and Cheese Carrots Fresh Fruit</p>	<p>2 *Grilled Cheese Goldfish Crackers Chilled Fruit "Magic Ramen Noodles"</p>	<p>3 *Double Cheese Pizza Plain or Pepperoni Mixed Vegetables Chilled Fruit</p>	<p>Looking for something different? Choose from the following as your hot OR cold Lunch Entrée.</p>  <p>Offered Daily *Cereal With Yogurt *PBJ Sandwich Caesar Salad W/Chicken *Tossed Salad</p> <p>Weekly Alternates</p> <p>Wk of March 1 Ham and Cheese Hoagie</p> <p>Wk of March 6-10 Breakfast Burrito Sausage Egg and Cheese</p> <p>Wrap Wk of March 13-17 Cheeseburger or Hamburger</p> <p>Wk of March 20-24 Buffalo Chicken Cheese Steak</p> <p>Wk of March 27 BBQ Pulled Pork Sandwich</p> 
<p>6 Popcorn Chicken Dipping Sauce Rice Sweet Potatoes Chilled Fruit</p>	<p>7 Cheese or Plain Steak Sandwich Potato Wedges Chilled Applesauce</p>	<p>8 Cheese Quesadilla Mexicali Rice Salsa Corn Fresh Fruit</p>	<p>9 Cheeseburger or Hamburger Fries Chilled Fruit</p>	<p>10 *Pizzeria Style Pizza Plain or Pepperoni Broccoli Chilled Pears 100% Fruit Juice</p>	<p>Wk of March 13-17 Cheeseburger or Hamburger</p>
<p>13 Chicken Nuggets Dipping Sauce Mashed Potatoes 100%Fruit Juice</p>	<p>14 Taco Tuesday Beef Tacos Lett/Tom/Cheese Rice Fresh Fruit</p>	<p>15 "Student's Choice" BBQ Chicken Wrap Glazed Carrots Cucumber Coins Orange Smiles</p>	<p>16 French Toast Sticks/Syrup Sausage Home Fries</p>	<p>17 *Pizzeria Style Pizza Plain or Pepperoni Broccoli 100% Fruit Juice</p>	<p>Wk of March 20-24 Buffalo Chicken Cheese Steak</p>
<p>20 Chicken Tenders Dipping Sauce Mashed Potatoes 100%Fruit Juice</p>	<p>21 Cheese or Plain Steak Sandwich Potato Wedges 100% Fruit Juice</p>	<p>22 "Macho Nacho" Seasoned Beef over Nachos Lettuce/Tomato Cheese Sauce Corn</p>	<p>23 *Grilled Cheese Tomato Soup Goldfish Crackers Chilled Fruit</p>	<p>24 Double Cheese Pizza Plain or Pepperoni Mixed Vegetables Chilled Fruit</p>	<p>Wk of March 27 BBQ Pulled Pork Sandwich</p>
<p>27 Chicken Nuggets Dipping Sauce Seasoned Buttered Noodles Fresh Fruit</p>	<p>28 Chicken Patty On a Bun Cucumber Coins Lettuce / Tomato "TRY IT TUESDAY" ROASTED ZUCCINI</p>	<p>29 French Toast Sticks/Syrup Sausage Home Fries 100% Fruit Juice</p>	<p>30 Baked Macaroni and Cheese Stewed Tomatoes Green Beans Fresh Fruit</p>	<p>31 *Pizzeria Style Pizza Plain or Pepperoni Tossed Salad 100% Fruit Juice</p>	<p>Free Breakfast is Offered Daily to All Students in the Classroom Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.</p>
<p>This Institution is an Equal Opportunity Employer</p> <p>MENU IS SUBJECT TO CHANGE</p>					<p>*Denotes A Vegetarian Meal</p>