

# "IF YOU CAN DREAM IT, YOU CAN DO IT."

## June 2022 Sandman Elementary Lunch Menu

### LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

**MEALS ARE FREE TO ALL STUDENTS.** All entrees are offered with choice of assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
<b>MEALS ARE FREE TO ALL STUDENTS</b>		1 Cub Hoagie Lett/ Tom Cucumber Coins Chilled Fruit	2 Hot Dogs Mashed Potatoes Vegetarian Beans 100% Fruit Juice	3 *Cheese Pizza Plain or Pepperoni Seasoned Spinach Chilled Pears
6 Popcorn Chicken Dipping Sauce Vegetarian Beans Chilled Peaches	7 Oven Roasted Chicken Plain or BBQ Rice Carrot Coins	8 Ham and Cheese Hoagie Lett/ Tom Cucumber Coins Chilled Fruit	9 French Toast Sticks Sausage Potato Rounds Chilled Fruit	10 *Cheese Pizza Plain or Pepperoni Three Bean Salad Chilled Pears
13 Chicken Nuggets Dipping Sauce Rice Seasoned Spinach	14 Taco Tuesday Lett/Tom/Cheddar Mexicali Rice Chilled Pears	15 *Assorted Pizza Plain or Pepperoni Three Bean Salad Fruit	16 Turkey and Cheese Hoagie Lett/ Tom Cucumber Coins Chilled Fruit	17 Ham and Cheese Sandwich Goldfish Pretzels Fresh Fruit
				
			 <p style="text-align: center;">Fresh Fruit and 100% Fruit Juice Offered Daily</p>	

#### Looking for something different?

Choose from the following as your Lunch Entrée.



#### Offered Daily

- \*Cereal With Yogurt
- \*PBJ W Cheese Stick
- \*Caesar Salad with Roll
- Chicken Caesar Salad W/ Roll
- \*Tossed Salad W/Roll

#### Weekly Alternates

- Wk of June 1**  
Ham and Cheese Hoagie
- Wk of June 6**  
Cheese Steak or Plain Steak Sandwich
- Wk of June 13**  
Chef Choice



#### Free Breakfast Bag is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Fruit Cheese Stick and Crackers.

\*Denotes a Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE