

"IF YOU CAN DREAM IT, YOU CAN DO IT."
June 2022 Maud Abrams Elementary Lunch Menu
LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

MEALS ARE FREE TO ALL STUDENTS. All entrees are offered with choice of assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
MEALS ARE FREE TO ALL STUDENTS		1 Cub Hoagie Lett/ Tom Cucumber Coins Chilled Fruit	2 Hot Dogs Mashed Potatoes Vegetarian Beans 100% Fruit Juice	3 *Cheese Pizza Plain or Pepperoni Seasoned Spinach Chilled Pears
	6 Popcorn Chicken Dipping Sauce Vegetarian Beans Chilled Peaches	7 Oven Roasted Chicken Plain or BBQ Rice Carrot Coins	8 Ham and Cheese Hoagie Lett/ Tom Cucumber Coins Chilled Fruit	9 French Toast Sticks Sausage Potato Rounds Chilled Fruit
	10 *Cheese Pizza Plain or Pepperoni Three Bean Salad Chilled Pears	13 Chicken Nuggets Dipping Sauce Rice Seasoned Spinach	14 Taco Tuesday Lett/Tom/ Cheddar Mexicali Rice Chilled Pears	15 *Assorted Pizza Plain or Pepperoni Three Bean Salad Fruit
17 Ham and Cheese Sandwich Goldfish Pretzels Fresh Fruit				
			 <p>Fresh Fruit and 100% Fruit Juice Offered Daily</p>	

Looking for something different?

Choose from the following as your Lunch Entrée.



Offered Daily

- *Cereal With Yogurt
- *PBJ W Cheese Stick
- *Caesar Salad with Roll
- Chicken Caesar Salad W/ Roll
- *Tossed Salad W/Roll

Weekly Alternates

- Wk of June 1**
Ham and Cheese Hoagie
- Wk of June 6**
Cheese Steak or Plain Steak Sandwich
- Wk of June 13**
Chef Choice



Free Breakfast Bag is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Fruit Cheese Stick and Crackers.

*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE