



## January 2022 Adult Lunch Menu

### LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch/Breakfast is Free to all Students. All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
3 <u>SPECIAL</u> \$4:70  Meatball Sub With Provolone Broccoli	4 <u>SPECIAL</u> \$4:70  Bacon Double Cheeseburger Fries	5 <u>Special</u> \$4.70  Taco Salad Platter Shredded Cheddar Salsa Sliced Olives	6 <u>SPECIAL</u> \$4.70  Pulled Pork Sandwich Savory Baked Beans	7 <u>SPECIAL</u> \$4.70  Tuna Salad Platter Over a Bed of Lettuce Potato Salad
10 <u>SPECIAL</u> \$4.70  Oven Roasted Chicken Seasoned Corn Chilled Peaches	11 <u>SPECIAL</u> \$4.70  Sausage Egg and Cheese on an Bagel Potato Rounds	12 <u>SPECIAL</u> \$4:70  Meatball Sub With Provolone Hot Veggie	13 <u>SPECIAL</u> \$4.70  Double Hot Dogs Mashed Potatoes Vegetarian Beans	14 <u>SPECIAL</u> \$4.70  Cheesesteak Peppers & Onions Hot Vegetable Pickle Spear & Chips
17  Martin Luther King, JR Day Schools Closed	18 <u>SPECIAL</u> \$4.70  *Grilled Cheese Sandwich on Multi Grain Bread w/ Tomato Soup	19 <u>SPECIAL</u> \$4:70  Meatball Sub With Provolone Hot Veggie	20 <u>SPECIAL</u> \$4.70  Cub Hoagie Tortilla Chips Fresh Fruit	21 <u>SPECIAL</u> \$4.70  Grilled Chicken with Balsamic Glaze, Roasted Red Peppers Spinach and Provolone
24 <u>SPECIAL</u> \$4.70  Chicken Patty BLT W/ Chipotle Mayo Seasoned Spinach	25 <u>Special</u> \$4.70  Taco Salad Platter Shredded Cheddar Salsa Sliced Olives	26 <u>SPECIAL</u> \$4:70  Meatball Sub With Provolone Hot Veggie	27 <u>SPECIAL</u> \$4.70  Breakfast Burrito Potato Rounds Chilled Fruit	28 <u>SPECIAL</u> \$4.70  Chicken Caesar Salad Platter Over a Bed of Lettuce
31 <u>SPECIAL</u> \$4.70  Chicken and Cheese Quesadilla Rice Corn				

#### Looking for something different?

Choose from the following as your Lunch Entrée.



#### Offered Daily

- \*Cereal With Yogurt
- \*PBJ Sandwich
- \*Caesar Salad
- Caesar Salad W/Chicken
- \*Tossed Salad

#### Weekly Alternates

- Wk of January 3**  
Ham and Cheese Hoagie
- Wk of January 10**  
Meatball Sandwich
- Wk of January 17**  
Cheese Steak
- Wk of January 24**  
Breakfast Burrito
- Wk of January 31**  
BBQ Pulled Pork Sandwich



#### Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

\*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE