



January 2024 Adult Lunch Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch Price Is \$3.25

All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

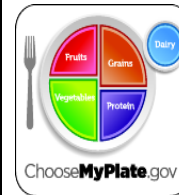
Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
	² <u>SPECIAL \$5.00</u> Oven Roasted Chicken Rice Broccoli	³ <u>SPECIAL \$5.00</u> Bacon Double Cheeseburger Lett/Tom Fries Fresh Fruit	⁴ <u>SPECIAL \$5.00</u> Meatball Parmigiana Tossed Salad Fresh Fruit	⁵ <u>SPECIAL \$5.00</u> Grilled Chicken Caesar Over a Bed of Lettuce
⁸ <u>SPECIAL \$5.00</u> Grilled Chicken Caesar Wrap or Over a Bed of Lettuce	⁹ <u>SPECIAL \$5.00</u> Chicken and Cheese Quesadilla Mexicali Rice Salsa	¹⁰ <u>SPECIAL \$5.00</u> Sausage, Egg and Cheese Burrito Hash Browns	¹¹ <u>SPECIAL \$5.00</u> Two Hot Dogs Mashed Potatoes Baked Beans	¹² <u>SPECIAL \$5.00</u> Tuna Salad Platter Over a Bed of Lettuce
¹⁵ Martin Luther King JR Day Schools Closed	¹⁶ <u>SPECIAL \$5.00</u> Sweet Italian Sausage with Peppers & Onions On a Sub Roll	¹⁷ <u>SPECIAL \$5.00</u> Cheesesteak Peppers & Onions Pickle Spear & Chips	¹⁸ <u>SPECIAL \$5.00</u> Grilled Chicken BLT on a Kaiser With Chipotle Mayo	¹⁹ <u>SPECIAL \$5.00</u> BBQ Pulled Pork On a Kaiser Pickle Spear Chips
²² <u>SPECIAL \$5.00</u> Meatball Parmigiana Carrots	²³ <u>SPECIAL \$5.00</u> *Grilled Cheese Sandwich on Multi Grain Bread w/ Tomato Soup	²⁴ <u>Special \$5.00</u> Macaroni and Cheese Stewed Tomatoes Fruit	²⁵ <u>SPECIAL \$5.00</u> "Macho Nacho" Seasoned Meat over Nachos Lettuce/Tomato Corn	²⁶ <u>SPECIAL \$5.00</u> Grilled Chicken, Spinach Roasted Red Pepper in Balsamic Glaze
²⁹ <u>SPECIAL \$5.00</u> Buffalo Chicken Cheese Steak Wrap	³⁰ <u>SPECIAL \$5.00</u> Two Hot Dogs Mashed Potatoes Savory Baked Beans	³¹ <u>SPECIAL \$5.00</u> Cub Hoagie Tortilla Chips W/ Salsa Fresh Fruit	Scan Here to Complete a Meal Application 	



Looking for something different?

Choose from the following as your hot OR cold Lunch Entrée.



Offered Daily

- *Cereal With Yogurt
- *PBJ Sandwich
- *Caesar Salad
- Caesar Salad W/Chicken
- *Tossed Salad
- Mini Bagel Pizza

Weekly Alternates

Wk of January 2-5
Oven Roasted BBQ Chicken

Wk of January 8-12
Ham and Cheese Hoagie

Wk of January 15-19
Sausage Egg and Cheese on Bagel

Wk of January 22-31
Buffalo Chicken Cheese Steak



Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE