

December 2023 Adult Lunch Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch price is \$3.25

All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh Fruit and 100% Fruit Juice Offered Daily	Scan Here to Complete a Meal Application	Choose My Plate gov		SPECIAL \$5.00 Tuna Salad Platter Over a Bed of Lettuce Dinner Roll
4	5	6	7	8
SPECIAL \$5.00	<u>SPECIAL</u> \$5.00	<u>SPECIAL</u> \$5.00	<u>SPECIAL</u> \$5.00	* <u>SPECIAL</u> \$5.00
Oven Roasted Chicken Rice Corn	Two Hot Dogs Mashed Potatoes Baked Beans	Sausage, Egg and Cheese Burrito Hash Browns	Cheesesteak Peppers & Onions Pickle Spear & Fries	Grilled Chicken Caesar Over a Bed of Lettuce
11	12	13	14	15 CDE CT 41 d E 00
<u>SPECIAL</u> \$5.00	<u>SPECIAL \$</u> 5.00	<u>SPECIAL \$</u> 5.00	<u>SPECIAL</u> \$5.00	<u>SPECIAL</u> \$5.00
*Grilled Cheese Sandwich on Multi Grain Bread w/ Tomato Soup	Meatball Parmigiana Tossed Salad Fresh Fruit	Oven Roasted Chicken Rice Corn	Sausage, Egg and Cheese on a Bagel Hash Browns	Grilled Chicken BLT on a Kaiser With Chipotle Mayo
18 <u>SPECIAL \$</u> 5.00	19 <u>SPECIAL \$</u> 5.00	20 <u>SPECIAL \$</u> 5.00	21 <u>SPECIAL</u> \$5.00	22 * <u>SPECIAL</u> \$5.00
BBQ Oven Roasted Chicken Sweet Potatoes	Taco Tuesday Soft Shell Tacos Lett/ Tomato Corn Refried Beans Fresh Fruit	Meatball Parmigiana Tossed Salad Fresh Fruit	BBQ Pulled Pork On a Kaiser Pickle Spear Chips	Sweet Italian Sausage with Peppers & Onions On a Sub Roll
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This Institution is an Equal Opportunity Employer MENU IS SUBJECT TO CHANGE

Looking for something different?

Choose from the following as your hot OR cold Lunch Entrée.



Offered Daily

*Cereal With Yogurt
*PBJ Sandwich
*Caesar Salad
Caesar Salad W/Chicken
*Tossed Salad
Mini Bagel Pizza

Weekly Alternates

Wk of December 1
Pizza

Wk of December 4-8
Fish Sticks

Wk of December 11-15 Meatball Sub

Wk of December 18-22 Ham and Cheese Hoagie



Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

*Denotes A Vegetarian Meal