



Lower Township Board Of Education will continue feeding our children in the community both breakfast and lunch free of charge through the Seamless Summer Option Program. Any child in Lower Township 18 and under, as well as persons 18 and over with disabilities, can be served meals. This includes children who are not enrolled in the school and/or who do not reside in the area of the school is located.

Visit one of our two sites on Monday and Thursday at Carl T Mitnick Elementary School, 905 Seashore Road, Cape May, NJ 08204 or David C Douglass Memorial School, 2600 Bayshore Road, Villas, NJ 08251 between the hours of 10:00am and 12:00.

Our menu may include ready to heat and serve items such as pizza, cheeseburgers, breakfast items, pulled pork sandwiches, fish sticks, uncrustables and chicken fajitas. Our Monday menu will include a three day supply of breakfast and lunches with milk, juice, snacks and assorted fruits. Thursday menu will include a four day supply including milk, juice, snacks and assorted fruits.

CONTINUE TO CHECK OUR WEBSITE FOR UPDATED SERVICE TIMES AND HEATING INSTRUCTIONS <https://lowertwpschools.com/lunch>

Menu is subject to change.

This Institution is an Equal Opportunity Employer

You are AMAZING, You are IMPORTANT, You are SPECIAL

Summer Meal Distribution Menu

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

All entrees are offered with choice of assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks,

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Peaches, Pears, Strawberries

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| Distribution Day Cheeseburger Potato Wedges Whole Fruit | Fish Sticks Corn Fresh Fruit | PBJ Unrustable Cheese Stick Peaches | Distribution Day BBQ Pulled Pork Sandwich Mixed Vegetable | Pizza Cupped Fruit Broccoli |
| Distribution Day PBJ Unrustable Cheese Stick Apple Slices | Cheeseburger French Fries Cupped Fruit Cucumber Coins | Chicken Fajita Chicken/Peppers & Onions Corn Fresh Fruit | Distribution Day Pancakes and Eggs Blueberries | Pizza Mixed Vegetable Cupped Fruit |



Meals will be distributed at Mitnick and Memorial every Monday and Thursday From 10-12:00

Check our Website for further details

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Free Breakfast Bag is Offered to All Students

Includes: Cereal or Muffin, Milk, 100% Fruit Juice, Fruit or Fruit Juice Cheese Stick and Graham Crackers.

Heating Instructions:

www.lowertwpschools.com/lunch



Fresh Fruit and 100% Fruit Juice Offered Daily

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