

P reschool I ntervention R eferred T eam

October 13th-October 16th Weekly Newsletter

TEACHING OUR PRESCHOOLERS TO PROBLEM SOLVE

When children are presented with interpersonal problem situations, some children, or all young children in some situations, find it difficult to think of alternative responses. We want children to learn problem solving steps, to be able to think of alternative solutions, and to learn that solutions have consequences. Preschool-age children can effectively be taught problem-solving skills. Children can learn problem-solving skills step by step

BACKPACK CONNECTION

How to Help Your Child Transition Smoothly Between Places & Activities

English: https://challengingbehavior.cbcs.usf.edu/docs/backpack/BackpackConnection_routines_transitions.pdf

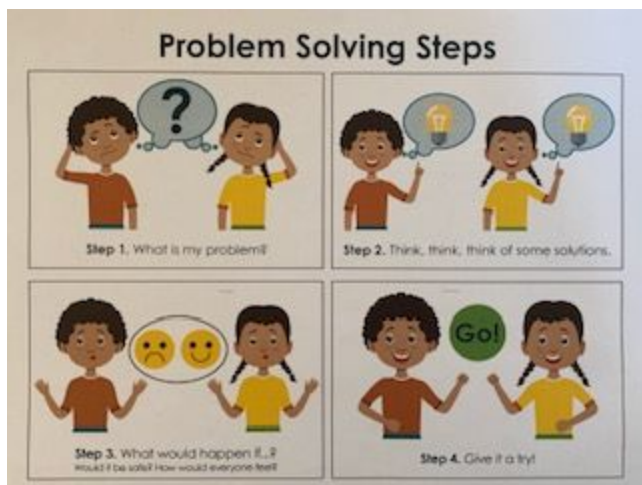
Spanish: https://challengingbehavior.cbcs.usf.edu/docs/backpack/BackpackConnection_routines_transitions_SP.pdf

Essential Problem Solving Steps for Young Children

1. What is my problem?
2. Recognizing the problem
3. Solutions
4. Consequences
5. Use the best solution generated

Problem Solving Steps:

https://challengingbehavior.cbcs.usf.edu/docs/SocialEmotionalSkills_problem-solving-steps_poster.pdf



Communication Tip:

Give children 2 Choices. Giving children choices is helpful for several reasons. It gives them power in deciding for themselves. It limits their options to make decisions easier. And they hear the choices which help them know what words to use.

We Can Be Problem Solvers Social Story

https://challengingbehavior.cbcs.usf.edu/docs/ProblemSolving_Story.pdf



Communication Tip Example:

Ask your child, "Do you want milk or juice?" instead of "What do you want to drink?" Showing them milk and juice is even more helpful.

