

Sandman Consolidated School
838 Seashore Road

Cape May, NJ 08204
Telephone: (609) 884-9410
Fax: (609) 884-9412

Lower Township Community Resource Guide
LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT
905 SEASHORE ROAD
CAPE MAY, NEW JERSEY 08204-4312

Memorial School
2600 Bayshore Road

Villas, NJ 08251
Telephone: (609) 884-9430
Fax: (609) 886-0515

Maud Abrams School
714 Townbank Road
Cape May, NJ 08204
Telephone: (609) 884-9420
Fax: (609) 884-9421

TELEPHONE: (609) 884-9400
FAX: (609) 898-7992

Carl T. Mitnick School
905 Seashore Road
Cape May, NJ 08204
Telephone: (609) 884-9470
Fax: (609) 898-9481

Mental Health Services

Acenda

844-422-3632

Anchored Adolescent & Child Psych

609-525-4947

Big Brothers & Big Sisters

609-573-5029

Cape Assist

609-522-5960

Cape Atlantic Integrated Network for Kids

609-829-2038

Center for Family Services

609-465-5045

Changing Tides Therapy

609-365-0205

Cooperative Care

609-741-6363

Families Matter

609-886-8666

Jewish Family Services

609-822-1108

Gilda's Club for South Jersey

609-926-2699

National Adolescent Suicide Hotline

800-621-4000

National Suicide Prevention Lifeline

800-273-8255

Nurtured Minds

609-827-0040

Perform Care

877-652-7624

Shore Counseling

609-465-4448

Village Counseling Services

609-844-0452

Where Kids Thrive

609-889-8100

Family Assistance

Cape Assist

609-522-5960

Caring for Kids

609-889-8100

Catholic Charities

609-886-2662

Coalition Against Rape & Abuse

609-522-6489

Family Helpline

800-843-5437

H.O.P.E.

856-234-2200

Hope Pregnancy

609-398-9449

Parent to Parent

609-374-2526

Shore Family Success Center

609-778-6226

Crisis Intervention

**Cape Regional Medical Center
Screening**

609-465-5999

**Division of Child Protection &
Permanency**

877-652-2873

National Suicide Prevention Lifeline
800-273-8255

Perform Care

877-652-7624

Unified Case Management
609-829-2038

Social Service Assistance

Atlantic City Board of Social Services
609-345-6700

**Cape May County Board of Social
Services**

609-886-6200

Cape May County Health Department
609-465-1187

Complete Care Health Network
609-465-0258

Department of Housing
609-633-6154

NJ Family Care
609-631-6326

Volunteers in Medicine

609-463-2846

**NJ Division of Developmental
Disabilities**

609-476-5200

**GED Testing, Cape May County
Technical**
609-465-2161

Addiction Service

Acenda

844-422-3632

Alcoholics Anonymous
609-641-8855

Barnabas House
609-463-0500

Behavioral Crossroads
609-645-2500

Cape Assist
609-522-5960

Cape Regional Recovery
609-435-6272

Cooperative Care

609-741-6363

CURE @ The Lighthouse Church
609-778-2009

Families Matter
609-886-8666

NJ Addictions Hotline
844-276-2777

Recovery Center of America
855-800-4960

Homelessness and Housing

Atlantic City Rescue Mission
609-345-5517

Cape Hope
609-997-1794

Cape May County Homeless Hotline
609-886-1325

Catholic Charities
609-886-2662

Family Promise

609-846-7862

Dentistry

Atlantic Coast Dentistry

609-601-9566

Bayside Family Dentistry

609-886-5255

Cape Children's Dentistry

609-398-0800

Cape May Family Dental

609-463-8800

Complete Care Dental

609-465-0258

Scott K. Lozier

609-465-2626

Signature Smiles

609-463-1700

Sunshine Dentistry

609-465-5415

Optometry

America's Best

609-788-9024

Atlantic Eye Center

609-165-1616

Coastal Jersey Eye Center

609-465-7926

Court House Eye Care

609-465-2728

Horizon Eye Care

609-465-7100

Pediatrics

C.H.O.P. Harborview

609-465-6100

Complete Care Medical

609-465-0258

Dr. Guernica

609-465-7077

Dr. Vekteris

609-927-4235

Rainbow Pediatrics

609-324-9002

Transportation Assistance

Access Link

800-955-2321

Ambivan

856-541-1500

Fare Free Transportation

609-889-3700

LogistiCare

866-527-9945

NJ Transit

972-275-5555

Employment Services

Jersey Cape Diagnostic Training & Opportunity Center

609-778-6226

Odosy (Youth 16-21)

609-465-4117

One Stop Career Center
609-729-0997

Food Banks

Angel Visit Baptist Church
609-522-0056

Assumption Church
609-522-2709

Bethel Food Pantry
609-465-4574

Coalition Against Rape & Abuse
609-522-6489

Crest Community Church
609-522-1618

First Presbyterian Church
609-884-3949

First United Methodist Church
609-465-7087

Our Lady of the Angels Church
609-465-5432

Puerto Rican Action Committee
609-861-5800

Seashore Church
609-886-6196

Shore Family Success Center
609-778-6226

Internet

Comcast Affordable Internet
<https://www.internetessentials.co>