

Sandman Consolidated School  
838 Seashore Road  
Cape May, NJ 08204  
Telephone: (609) 884-9410  
Fax: (609) 884-9412

LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT  
834 SEASHORE ROAD  
CAPE MAY, NEW JERSEY 08204

Memorial School  
2600 Bayshore Road  
Villas, NJ 08251  
Telephone: (609) 884-9430  
Fax: (609) 886-0515

Maud Abrams School  
714 Townbank Road  
Cape May, NJ 08204  
Telephone: (609) 884-9420  
Fax: (609) 884-9421

TELEPHONE: (609) 884-9400  
FAX: (609) 884-1821

Carl T. Mitnick School  
905 Seashore Road  
Cape May, NJ 08204  
Telephone: (609) 884-9470  
Fax: (609) 884-9481

**HEALTH OFFICE INFORMATION FORM**

Dear Parents/Guardians:

Please take a moment to review these important guidelines. Questions can be directed to Virginia Gowen RN at 898-9497.

**MEDICATION POLICY: ANY and ALL medications given by a nurse require a doctor's order.**

New Jersey State Law requires that the school nurse have a written permission from the parent, a doctor's order and that the medicine is in its original container. Also, please check the expiration date on the bottle. Doctor orders expire after one year.

Medications brought to school without meeting these requirements cannot be given and will be returned to you. We will accept a doctor's order via FAX at 898-9464.

**EMERGENCY TELEPHONE NUMBERS- Please make arrangements now to have someone who may pick up your child if he/she becomes ill or injured while at school. Our policy is, to attempt to contact the parents first should this occur. It is important that these numbers are kept up-to-date, that the person has a car, and is usually home or available during the day. We cannot keep a sick child in the nurse's office for the entire day or allow him/her to ride the bus home.**

**HEAD LICE- Head lice are occasionally found throughout the school year. Please check your child's hair weekly. If lice or nits (eggs) are found please let me know so that I can check the class and other close contacts. Following treatment, all nits must be removed. In order to ensure that all nits have been removed, your child must be checked by the school nurse prior to riding the school bus and returning to the classroom.**

**GENERAL HEALTH- Please inform the school nurse of major injuries or illnesses. If your child is unable to fully participate in gym class for more than 1 week, a doctor's note would be appreciated. Any immunization updates must be signed or stamped by the physician.**

**ABSENCE FROM SCHOOL – Parent/guardian you may now "call your child out". Please call the nurses office at 898-9464 and listen to the following prompts.**

Sincerely,

Virginia Gowen, RN, BSN  
Maud Abrams School Nurse

**PLEASE SIGN AND RETURN THE BOTTOM OF THIS FORM TO SCHOOL TOMORROW.**

Student's Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

I have read and understand the Health Office guidelines.

Parent Signature: \_\_\_\_\_