SNACK NUTRITIONALS

	Calories	Cal Fat	Protein	Carbo	Total Fat	Sat Fat	Vit A	Vit C	Calcium	Iron	Choles.	Sodium	Sugars	Fiber	Serving Size
Snacks															
Goldfish Crackers	140	50	3g	19g	5g	1g	0	0	2%	6%	5mg	240mg	0	2g	1.1 oz
Goldfish Grahams	120	35	2g	19g	4g	1g	4%	2%	10%	8%	0	135mg	6g	1g	.9 oz
Goldfish Pretzels	90	15	2g	16g	1.5g	1.5g	0	0	0	4%	0	200mg	0	1g	.75 oz
Cinnamon Rounds Gripz	100	30	2g	19g	3g	1g	15%	0	10%	4%	0	80mg	5g	3g	1 oz
Cinnamon Scooby	433	120	7g	75g	3.5g	4.2g	10%	0	10%	4%	0	115mg	29.8g	1g	1 oz
Graham Cracker (3 pak)	90	20	2g	17g	2.5g	0	10%	0	10%	4%	0	95mg	5g	1g	22g
Sweet Chili Doritos	130	45	2g	20g	5g	.5g	0%	0	2%	2%	0	180mg	1g	2g	28.3g
Nacho Doritos	130	45	2g	20g	5g	.5g	2%	0	0	2%	0	200mg	0g	2g	1 oz
Cool Ranch Doritos	130	45	2g	19g	5g	1g	0	0	4%	2%	0	160mg	1g	2g	1 oz
Kids Mix Quaker	110	30	2g	17g	3g	0g	0%	0%	4%	15%	0	150mg	2g	1g	24.8g
White Cheddar Popcorn	70	20	2g	9g	2.5g	2.5g	0%	0%	0%	2%	0	110mg	0	2g	.5 oz
Caramel Popcorn	70	20	1g	10g	2.5g	0	0%	0%	0%	2%	0	115mg	1g	2g	.5 oz
PB Crackers	492	221	10.8g	59g	0	3.7g	0	0	0	0	0	843mg	9g	1g	1 oz
Animal Crackers	444	122	6.6g	73.8g	4g	4.3g	6%	0	10%	6%	0	382mg	27.2g	2g	1 oz
Heartzel Pretzel	80	10	2g	15g	1.5g	0	0	0	0%	4%	0	200mg	0	2g	.7 oz
Granola Choc Chp Quaker	100	30	1g	17g	3.5g	1.5g	0	0%	8%	2%	0	70mg	7g	1g	.84 oz
Granola Nature Valley S & S	170	80	4g	20g	8g	2.5g	0	0%	0%	2%	0	140mg	7g	1g	1.2 oz
Chocolate Chip Cookies	106	30	1.63g	19g	3.3g	1.12g	28%	0.02%	1.05%	4%	8.55mg	92mg	9.3g	1.53g	1 oz