SNACK NUTRITIONALS

	Calories	Cal Fat	Protein	Carbo	Total Fat	Sat Fat	Vit A	Vit C	Calcium	Iron	Choles.	Sodium	Sugars	Fiber	Serving Size
Snacks															
Goldfish Crackers	100	30	2g	14g	3.5g	.5g	0	0	2%	4%	5mg	180mg	0	1g	.75 oz
Goldfish Grahams	120	35	1g	19g	4g	1g	0	0	10%	4%	0	110mg	6g	1g	.9 oz
Goldfish Pretzels	90	15	2g	16g	1.5g	0	0	0	0	4%	0	200mg	0	1g	.75 oz
Cinnamon Rounds Gripz	100	30	2g	19g	3g	1g	15%	0	10%	4%	0	80mg	5g	3g	1 oz
Cinnamon Scooby	120	35	2g	21g	3.5g	1g	10%	0	10%	4%	0	115mg	8g	1g	1 oz
Graham Cracker (2 pak)	60	15	1g	10g	2g	0	6%	0	6%	2%	0	65mg	3g	1g	14 g
Cool Ranch Doritos	130	45	2g	19g	5g	1g	0	0	4%	2%	0	160mg	1g	2g	1 oz
Kids Mix Quaker	110	35	2g	18g	4g	.5g	10%	10%	0%	10%	0	200mg	4g	1g	24.8g
Animal Crackers	130	35	2g	21g	4g	1g	0	0	10%	6%	0	110mg	8g	2g	1 oz
Heartzel Pretzel	80	10	2g	15g	1.5g	0	0	0	0%	4%	0	200mg	0	2g	.7 oz
Granola Choc Chp Quaker	100	30	1g	17g	3.5g	1.5g	0	0%	8%	2%	0	70mg	7g	1g	.84 oz
Granola Honey Oat NV	90	30	2g	15g	3g	0	0	0%	0%	2%	0	80mg	6g	1g	.74 oz
Granola Chewy NV	90	15	1g	19g	1.5g	0	0	0	10%	2%	0	50mg	6g	1g	1 oz
Chocolate Chip Cookies	110	30	1g	17g	3.5g	1g	10%	0	0	15%	5mg	80mg	8g	1g	27 g