



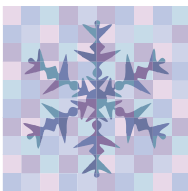

December 2018 Maud Abrams Elementary Lunch Menu LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch Price \$2.65

All entrees are offered with choice of assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Take a look at our daily offerings and weekly alternates below.

Reminder

You may view recent transactions and place money on your student's lunch account by visiting: www.lowertwpschools.com/lunch and signing up for paypams.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Popcorn Chicken Dipping Sauce Seasoned Carrots Chilled Fruit	4 French Toast Sticks/Syrup Sausage Diced Hash Browns Chilled Fruit	5 Hot Ham and Cheese on a Pretzel Bun Vegetarian Beans	6 Meatball Sub Seasoned Peas Fruit	7 *Pizzeria Style Pizza Green Beans Chilled Fruit
10 Chicken Nuggets Dipping Sauce Rice Chilled Fruit	11 Hot Dog Macaroni and Cheese Stewed/Tomatoes Fresh Fruit	12 Cheese Quesadilla Rice Corn Fresh Fruit	13 Turkey Dinner Mashed Potatoes/ Gravy Green Beans Dinner Roll	14 Double Cheese Pizza Square Hot Veg Fruit
17 Chicken Tenders Dipping Sauce Sweet Potatoes	18 "Macho Nacho" Seasoned Meat over Nachos Lettuce/Tomato Cheese Sauce Corn	19 Cheese Steak French Fries Chilled Applesauce	20 Cub Hoagie Tortilla Chips W/ Salsa Fresh Fruit	21 *Pizzeria Style Pizza Hot Veg Chilled Fruit
 <p>Choose MyPlate.gov</p>				 <p>Fresh Fruit and 100% Fruit Juice Offered Daily</p>
				

Looking for something different?

Choose from the following as your hot OR cold Lunch Entrée.



Offered Daily

- *Cereal With Yogurt
- *PBJ Sandwich
- *Caesar Salad
- Caesar Salad W/Chicken
- *Tossed Salad

Weekly Alternates

Wk of December 3-7
Cheeseburger

Wk of December 10-14
Hot Ham and Cheese

Wk of December 17-21
Meatball Subs

Free Breakfast Basket is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE