

Good Attendance is Habit Forming

February 2023 Maud Abrams Lunch Menu LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Student Lunch price is \$3.25




All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower

Daily Fruit Offerings May Include: Apples, Oranges, Bananas, Pineapple, Peaches, Pears, Strawberries

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">TRY IT Tuesday!!!!</p> <p style="text-align: center;">All students can try a new item on Tuesday the 28th. Cast their vote in the Café. If our students like the item we will menu it in the future.</p>				
6 Popcorn Chicken Dipping Sauce Rice Seasoned Carrots Chilled Fruit	7 Taco Tuesday Hard or Soft Taco Lettuce/Tomato/ Cheese Mexicali Rice	8 French Toast Sticks Sausage Potato Rounds Chilled Fruit	9 Cheeseburger or Hamburger Fries Chilled Fruit	10 *Pizzeria Style Pizza Plain or Pepperoni Broccoli Chilled Pears 100% Fruit Juice
13 Chicken Tenders Dipping Sauce Mashed Potatoes Orange Smiles	14 Mozzarella Sticks Marinara Dipping Sauce Tossed Salad Sliced Apples Valentine Cookie 	15 Cheese or Plain Steak Sandwich Potato Wedges Chilled Applesauce	16 *Pizzeria Style Pizza Plain or Pepperoni Broccoli Chilled Pears 100% Fruit Juice	17 Schools Closed Presidents' Day 
20 Schools Closed Presidents' Day 	21 Meatball Sub Tossed Salad Chilled Fruit 100% Fruit Juice	22 "Macho Nacho" Seasoned Beef over Nachos Lettuce/Tomato Cheese Sauce Corn	23 *Grilled Cheese Goldfish Crackers Chilled Fruit	24 Double Cheese Pizza Plain or Pepperoni Mixed Vegetables Chilled Fruit
27 Chicken Nuggets Dipping Sauce Seasoned Buttered Noodles Fresh Fruit	28 French Toast Sticks/Syrup Sausage Home Fries "TRY IT TUESDAY" BBQ Chicken Wrap		 Fresh Fruit and 100% Fruit Juice Offered Daily	 Choose MyPlate.gov

Looking for something different?

Choose from the following as your hot OR cold Lunch Entrée.



Offered Daily

- *Cereal With Yogurt
- *PBJ Sandwich
- *Caesar Salad
- Caesar Salad W/Chicken
- *Tossed Salad

Weekly Alternates

Wk of February 1-3
Buffalo Chicken Cheese
Steak

Wk of February 6-10
BBQ Pulled Pork Sandwich

Wk of February 13-17
Cheeseburger or Hamburger

Wk of February 20-24
Fish Sticks

Wk of February 27
Ham and Cheese Hoagie



Free Breakfast is Offered Daily to All Students in the Classroom

Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice, Cheese Stick and Crackers.

*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

MENU IS SUBJECT TO CHANGE