

# Good Attendance is Habit Forming

## October 2018 Adult Lunch Menu

### LOWER TOWNSHIP ELEMENTARY SCHOOL DISTRICT

Adult Lunch Price \$3.75

All entrees are offered with choice of assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Take a look at our daily offerings and weekly alternates below.

Reminder

You may view recent transactions and place money on your student's lunch account by visiting: [www.lowertwpschools.com/lunch](http://www.lowertwpschools.com/lunch) and signing up for paypams.

Monday	Tuesday	Wednesday	Thursday	Friday
1 <u>SPECIAL \$4:50</u>  Chicken Salad Sandwich Chips Pickle Spear	2 <u>SPECIAL \$4:50</u>  Sweet Italian Sausage with Peppers & Onions On a Sub Roll	3 <u>SPECIAL \$4.50</u>  Oven Roasted BBQ Chicken Mashed Potatoes Corn	4 <u>SPECIAL \$4.50</u>  Italian Hoagie Pickle Spear & Chips	5 <u>SPECIAL \$4.50</u>  Buffalo Chicken Salad Platter or Wrap Celery and Blue Cheese
8  Columbus Day School Closed  	9 <u>Special \$4.50</u>  Taco Salad Platter	10 <u>SPECIAL \$4.50</u>  *Grilled Cheese Sandwich on Multi Grain Bread w/ Tomato Soup	11 <u>SPECIAL \$4:50</u>  Cub Hoagie Pickle Spear & Chips	12 <u>SPECIAL \$4.50</u>  Tuna Salad Platter Over a Bed of Lettuce Potato Salad
15 <u>SPECIAL \$4:50</u>  Meatball Sub With Provolone Pickle Spear & Chips	16 <u>SPECIAL \$4.50</u>  Roast Beef On a Kaiser Roll Potato Salad	17 <u>SPECIAL \$4.50</u>  Cheesesteak Peppers & Onions Pickle Spear & Chips	18 <u>SPECIAL \$4.50</u>  BBQ Pulled Pork On a Kaiser Roll Rice	19 <u>SPECIAL \$4.50</u>  Grilled Chicken with Balsamic Glaze, Spinach and Provolone
22 <u>SPECIAL \$4.50</u>  Ranch Chicken Salad Wrap W/Bacon Lettuce and Tomato Pickle Spear	23 <u>SPECIAL \$4.50</u>  Tuna Salad Sandwich Lettuce and Tomato Potato Salad	24 <u>SPECIAL \$4:50</u>  Nachos and Cheese Seasoned Meat over Nachos Lettuce/Tomato Cheese Sauce	25 <u>SPECIAL \$4.50</u>  *Grilled Cheese Sandwich on Multi Grain Bread w/ Tomato Soup	26 <u>SPECIAL \$4.50</u>  Open Faced Turkey Mashed Gravy
29 <u>SPECIAL \$4:50</u>  Cheesesteak Peppers & Onions Pickle Spear & Chips	30 <u>SPECIAL \$4.50</u>  Chicken and Cheese Quesadilla With Peppers and Onions Sour Cream/Salsa	31 <u>SPECIAL \$4.50</u>  Meatball Sub With Provolone Pickle Spear & Chips  	<b>LTES</b> <b>"Step it Up"</b> <b>5K Walk/Run</b> <b>Sunday</b> <b>October 21</b> <b>Rain or Shine</b>	 Choose <b>MyPlate</b> .gov

**Looking for something different?**

Choose from the following as your hot OR cold Lunch Entrée.



**Soup is Now Available**

**Please Check With Your Cafeteria For Soup Du Jour**

**Offered Daily**

**\*Tossed Salad/  
1pkg. Crackers/  
Beverage  
\$3.75**

**\*Caesar Salad  
\$3.75**

**\$1.75 Cup of Tuna**

**Weekly Alternates**

- Wk of October 1-5**  
Buffalo Chicken Cheesesteak
- Wk of October 8-12**  
Hot Ham & Cheese on a Pretzel Bun
- Wk of October 15-19**  
Meatball Sub
- Wk of October 22-26**  
Turkey Bowl
- Wk of October 29th**  
Turkey Hoagie

\*Denotes A Vegetarian Meal

This Institution is an Equal Opportunity Employer

**MENU IS SUBJECT TO CHANGE**